

Rescue ME ...

911



OBJECTIVE: In the event of an emergency, please contact...

Local Police

Poison Control

Fire Department

Veterinarian

Doctors

NAME

NUMBER

NAME

NUMBER

NAME

NUMBER

NAME

NUMBER

Family

Neighbors

Other

Note: Ideally you should carry your Emergency Contact Sheet with you wherever you go (especially if a member of your family has severe allergies or a complicated medical history) in addition to having it posted in your house.